

TAKE THE 30-DAY CHALLENGE!

..and take your parenting to a whole new level!

By asking Curious Questions you will...

- validate and acknowledge your child
- support their emotional health
- unleash their creative potential
- foster a safe environment where they will come to YOU with their thoughts
- create a noticeable improvement in their self-confidence and self-worth.



CHANGING THE WORLD

Our children hold the future for all of us. They are the newer models with the latest viewpoints and perspectives. We can help excavate, nurture and support their gifts and talents so they can live independent, productive, fulfilled lives evolving the rest of us! With our support, they can step joyfully into the leaders they were born to be!

The Curiosity Project



What are
your kids
thinking?

REGISTRATION

Contact Cynthia Brown

617.962.0257

Cynthia@CynergyCoaching.com



3 WORKSHOPS FOR PARENTS
OF MIDDLE SCHOOL AGED KIDS



The Curiosity Project

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3 Workshops for parents

Workshop One: **The LAUNCH** June 23, 2006 *Curious Questions*

- Why Curious Questions?
- How do we ask Curious Questions?
- Let go of "knowing" who your kids are and deepen the understanding of who they are becoming
- Learn skills to create conscious intentional family dynamics by design rather than default.

Workshop Two: **PROJECT CENTRAL** July 7, 2006 *How's it Going?*

- When is it difficult to ask instead of tell?
- What is it like for the kids?
- What's changing?
- Designing direct communication.

Workshop Three: **PROJECT WRAP** July 21, 2006 *What's the Difference?*

- How are things different in your relationships at home?
- Learn how to unleash the potential.
- Moving forward with the learning.

Are you up for the Challenge?

Studies show that Middle School is the time when our kids are up against some tough decisions and peer pressure. By enhancing the way we communicate with our kids now, we establish a safe environment that encourages open communication for the future.

The project includes ...

30-minute customized coaching sessions in between each workshop. These 2 sessions continue the momentum and offer structures to help if you get 'stuck'.

Participants also receive Gerald Newmark's groundbreaking book: **How to Raise Emotionally Healthy Children.**

ACT QUICKLY!

Space is limited to 12 families.

PLEASE pre-register by contacting Cynthia Brown
617.962.0257 | Cynthia@CynergyCoaching.com

LOGISTICS

WHEN:	Fridays June 23, July 7, July 21, 2006 6:30 pm - 9:00 pm
WHERE:	Hanson Holistic Center 156 Liberty Street, Hanson, MA
COST:	\$50 per Family
WHO:	Delivered by: Dorothy Eckes, CPCC www.CoachDorothy.com

Cynthia Carse Brown,
ACSM cPT, Nutrition Coach
www.CynergyCoaching.com

